

A photograph of an elderly woman with short, wavy white hair, smiling warmly at the camera. She is wearing a blue, patterned, long-sleeved top and a gold chain necklace. She is seated in a chair with a textured, brown fabric backrest. In the background, a vase of red flowers is visible on the left, and a window with light-colored curtains is on the right.

**Life at Bupa  
Tōtara Gardens  
Retirement  
Village**



## About Bupa Tōtara Gardens Retirement Village

If you're looking for a retirement village that feels like a village, not a retirement city, come and visit us at Bupa Tōtara Gardens Retirement Village in Whangārei.

Our one, two and three bedroom villas are warm, light and spacious, with a modern kitchen, double glazed windows, heat pump and 24/7 emergency alarm system (monitored off site).

Our one bedroom serviced apartments with assisted living feature an ensuite, kitchenette and open plan living. Designed with you in mind, you'll enjoy ten meals each week (lunch and/or dinner) served in the dining room\*, daily bed making, weekly sheet change, plus weekly linen laundry and weekly apartment clean. Our serviced apartments also offer additional meals and services for your evolving needs.

Our care home is conveniently located on site and offers rest home, hospital and dementia levels of care, subject to availability.

When moving to a Bupa village, all residents enter into an Occupation Right Agreement. Talk to us to find out more.

\*The meals are in total, not per resident if there are two of you residing in the serviced apartment.

## A stylish, modern home

Enjoy living in a brand new one, two or three bedroom villa, or one bedroom serviced apartment at Bupa Tōtara Gardens Retirement Village.

Villas and serviced apartments feature:

- Fisher & Paykel suite – hob, dishdrawer and oven (villas only)
- Well designed, modern kitchen with stone bench tops
- Open plan lounge and dining
- Quality floor coverings, drapery, fixtures and fittings
- Heat pump/air conditioning unit
- Double glazed windows
- Insulated garage with automatic garage door opener (villas only)
- 24/7 emergency alarm system (monitored off site)

All villas and serviced apartments are built using high quality materials, creating a comfortable, functional home that looks great and is a pleasure to live in.

## Weekly fee

Whether you prefer to pay a fixed weekly fee, or a variable weekly fee, at Bupa the choice is yours. Fixed weekly fees are set at the time your Occupation Right Agreement (ORA) is entered into. Variable weekly fees will increase once a year in line with the annual increase in superannuation, and as set out in the ORA.

This fee contributes to village outgoings including but not limited to:

- Taxes
- Rates
- Insurance (excluding personal belongings)
- Compliance costs
- Staff remuneration
- Costs relating to the village facilities
- Costs relating to the maintenance of the community facilities and the homes.
- 24/7 emergency alarm system (monitored off site).

For more information, please refer to the Occupation Right Agreement and Disclosure Statement or reach out to our friendly team.

## Community facilities

At Bupa Tōtara Gardens Retirement Village you'll enjoy a range of community facilities and services\* including:

### Community Centre

Our community lounge features comfortable seating, large flat screen TV and DVD player, and is spacious enough for residents to host and enjoy a variety of organised functions.

### Gym

Keep fit and healthy at our gym, which is well-equipped with exercise machines.

### Library

Our library is well stocked with books, games and puzzles.

### Theatre

With comfortable seating and DVD player, our theatre is available for use by residents.

### Hair salon

Book an appointment and enjoy a stylish finish and hairdressing experience at our salon.

### Wellness Clinic

We offer a weekly wellness clinic run by a registered nurse, who does basic health checks. This is available to all residents at no additional charge.

## Weekly outings

Bupa provides transportation for weekly outings or supermarket shopping trips. Additional outings may incur a small charge.

## Activities programme

Enjoy a busy social calendar at the village, with activities including:

- Barbecues
- Morning teas
- Happy hour
- Arts and crafts
- Exercise classes
- Indoor bowls.

\*Services and facilities may change as set out in the Occupation Right Agreement and Disclosure Statement.



## **Bupa Tōtara Gardens Retirement Village**

5 Kingfisher Way, Tikipunga, Whangārei.

Contact our friendly team on 09 887 9649.

[bupa.co.nz/totara](https://bupa.co.nz/totara)